



**105rd CHAMPIONSHIP REGATTA  
Rabbit Lake, Kenora, Ontario, Canada  
FRIDAY & SATURDAY, JULY 25 & 26 2008**

**Regatta Information Sheet**

**Welcome to the 105th year of NWIRA**

**Coaches meeting: 6:00 PM Thursday, July 24<sup>th</sup>  
at the Super 8 Motel meeting room on 240 Lakeview Drive.**

**NWIRA Registration Process**

All NWIRA association clubs and independent clubs are required to generate their NWIRA Championship Regatta entries in Regatta Master and export their entries to a Regatta Master file. This file is to be emailed to the NWIRA Secretary (Charles Stockwell – [stock041@tc.umn.edu](mailto:stock041@tc.umn.edu)) by **July 16, 2008 (Wednesday)** at 5PM (Central Time). A 2008 NWIRA Regatta Master file with schedule of events is attached to the email along with this regatta information packet. This file can be imported into the club's Regatta Master software and from there the club can do their entries. Once entries are completed, the 2008 NWIRA regatta entries can be exported to a file.

Visit <http://www.regattamaster.com> for more details about the Regatta Master software. The cost of Regatta Master software is \$249 (US Dollars).

To prepare your 2008 NWIRA entries, you will need club information and a competitor list which includes first and last name of rowers and coxswains, CARA # for Canadian competitors, and masters' birthdates. Crew entries which includes Club ID, crew names, coxswain when needed, event #, event name, boat ID (i.e. A, B, C), and alternates when applicable will also be needed.

Please contact the NWIRA Secretary ([stock041@tc.umn.edu](mailto:stock041@tc.umn.edu) / 651-602-0758) with questions about the NWIRA Registration Process.

The NWIRA secretary will send a receipt of the entry and what was entered soon after the club submits the entries. This allows the club the opportunity to review their entries and catch any errors before the scratch deadline. Changes in names and scratches without fees will be taken until **July 21, 2008 (Monday)** at 5PM (Central Time). No entry and/or alternate changes will be accepted after the July 21 deadline.

Heats Draw and Event Schedule will be posted by **July 23, 2008 (Wednesday)**.

You may use the attached 2008 NWIRA MS Excel Entry Worksheets file to prepare your entries. **Do not send the 2008 NWIRA MS Excel Entry file unless instructed by the NWIRA Secretary.**

All NWIRA fees shown in Regatta Master are in US Dollars.

## **NWIRA Volunteer Requisition**

Each NWIRA association club needs to provide two volunteers per day to work at the regatta. This duty can be divided among several people– as long as there are two volunteers from each club at all times for the duration of the event.

Complete the Volunteer Contact Information Form for each volunteer and submit the completed forms via email to Kenorn Rowing club <[kenorarowing@kmts.ca](mailto:kenorarowing@kmts.ca)> and Lynn Ronnebeck <[lw\\_ronne@shaw.ca](mailto:lw_ronne@shaw.ca)>

## **Rower Classifications**

Junior B	An individual who will be 16 or under on December 31, 2008.
Junior	An individual who will be 18 or under on December 31, 2008.
Senior B	An individual who will be 22 or under on December 31, 2008.
Open	All individuals are eligible for Open events. Individuals rowing in Open events cannot row in Master's events.
Masters	An individual who will be age 27 or older on December 31, 2008.  Masters will be age handicapped based on the United States Rowing Association's Handicap System. Age will be based on the rower's age as of the last day of the calendar year. All masters entering master's events can only row Master events, Dashes, and Open 8+ events.
Lt. Weight Women	No crew member shall be over 130 lbs – 59.0 kg.
Lt. Weight Men	No crew member shall be over 159.8 lbs – 72.5 kg.

**With the exception of the Junior 8+ events, all Master, Junior B, Junior, Senior B and Open rowers may row in any 8+ events**

## **Course Length**

Except for dashes, all rowing events are 2000 meters.

## **Waiver**

Waiver is not required in this championship regatta.

## **Maximum Number of Events**

A rower may enter up to six events that he or she is eligible to row. Count of six events does not include dashes.

## **Coxswains**

- Coxswains must not weigh less than 125 lbs – 57.0 kg for men's boats and 110 lbs – 50 kg for women. Coxswains must weigh in ONCE for the regatta. Coxswains who weigh less than the required minimum **MUST** carry weight. Coxswains are responsible for picking up a sand bag at the weigh-in station or for securing their own weights.
- Please indicate if the Coxswain will cox both Women's and Men's events.

## **Weigh-Ins**

- Crews and Coxswains must be accompanied by their coaches for weigh-ins. Pair and Double teams MUST weigh-in together.

- If a male weighs in more than three pounds or a female weighs in more than two and a half pounds over the maximum weight for lightweights, that individual will be disqualified from the light weights events for the day.
- ALL CREWS AND COXSWAINS MUST BE IN CLUB ATTIRE FOR WEIGH-INS, DRESSED AS TO COMPETE IN A RACE – NO EXCEPTIONS! Athletes who do not dress in racing attire will not be allowed to weigh-in. Athletes have two attempts only to make weigh on the **first day of the regatta** providing they do not fall under the rule listed above – there will be no “practice weigh-ins”.
- Weigh-ins shall be open for at least one and one-half hours and will end one-half hour before the first light weight race on the first day of the regatta. **Weigh-in applies for both days of the regatta. (New in 2008).**
- Not making weigh is considered a scratched event. Thus scratch fee will apply.

### **NWIRA Fees Schedule**

Estimated Exchange rate (1 CAD ~ 1 USD).

	<b>US Dollars</b>	<b>Canadian Dollars</b>
Entry Fees		
Singles	\$15	\$15
Doubles / Pairs	\$30	\$30
Fours / Quads	\$45	\$45
Eights	\$60	\$60
Scratch Fees *		
Singles	\$15	\$15
Doubles / Pairs	\$30	\$30
Fours / Quads	\$45	\$45
Eights	\$60	\$60
Club Membership Dues (Required)	\$75 per club	\$75 per club
Guest Clubs (Non-NWIRA Clubs)	No fee (\$0)	No fee (\$0)
Damage Deposit (Required)**	\$40 per club	\$40 per club
Regatta Fees (Required) ***	\$15 per person	\$15 per person

\* Any scratch fees NOT paid at the regatta will be subject to an administration fee (\$50 USD \$50 CAD).

\*\* NWIRA Damage Deposit will be returned to clubs if the Regatta Chair reported no damages during the regatta.

\*\*\* All rowers, coxswains, parents, family and friends that want to attend the awards banquet will need to pre-pay the \$15 Regatta Fee. This Regatta fee covers Regatta expenses (e.g. banquet, insurance, entertainments, and equipment rental).

Please send a list of all non-rowers (parents, family members and friends) that will attend the awards banquet by email to the NWIRA Secretary ([stock041@tc.umn.edu](mailto:stock041@tc.umn.edu)). Once names are sent, clubs are responsible for the number of people expected to attend - all competitors, and extra's will be counted and charged to the club, whether they attend or not.

Two checks / payments shall be collected at the Coaches Meeting on Thursday, July 24, 2008 at 6:00 PM (Central) at Super 8 Motel meeting room. Make checks payable to Northwestern Int'l Rowing Assn. in the currency of the country of your club.

1. One check to pay for:

- Entry Fees: (Note: Entry fees are due based on computerized entries BEFORE scratches or changes. You must pay original fee from entries submitted via Master Regatta entry file or attached forms.)
- Scratch Fees (if any)
- NWIRA Club Membership Fee (if applicable)
- Regatta Fees for individuals (rowers and non-rowers) attending the awards banquet

2. One Check for NWIRA Damage Deposit.

**Awards**

- Awards will be given for first place finishes in all events.

**Aggregate Trophies**

Aggregate trophies are awarded to the club capturing the most points for:

- Junior's Division Championship
- Master's Division Championship
- Women's Division Championship (Henning Peterson Trophy)
- Men's Division Championship (Con' Riley Trophy)
- US / Canada Cup – US Clubs vs. Canadian Clubs
- Efficiency Championship (CAN-AM Shield)
- Grand Aggregate NWIRA Championship (Sir Thomas Lipton Cup)

**NWIRA** is an association of rowing clubs in the US Upper Midwest and Central Canada. Current association club members are:

- Winnipeg Rowing Club (WNPG), Winnipeg, Manitoba, Canada
- Minneapolis Rowing Club (MPLS), Minneapolis, Minnesota, USA
- Minnesota Boat Club (STPL), St Paul, Minnesota, USA
- Duluth Boat Club, Duluth (DULT), Minnesota, USA
- Kenora Rowing Club (KENR), Kenora, Ontario, Canada
- Thunder Bay Rowing Club (TBAY), Thunder Bay, Ontario, Canada
- Regina Rowing Club (RGNA), Regina, Saskatchewan, Canada
- Saskatoon Rowing Club (SASK), Saskatoon, Saskatchewan, Canada
- Pinawa Rowing and Sailing Club (PINW), Pinawa, Manitoba, Canada
- Rochester Rowing Club (ROCH), Rochester, Minnesota, USA

## 2008 NWIRA Championship Regatta

### Schedule of Events

Except for Dashes, all Events are 2000 Meters

Friday – July 25, 2008	Saturday – July 26, 2008
1. Master Men 4x	29. Open Women's 8+
2. Junior Women 2-	30. Master Men 4-
3. Master Women 1x under 50	31. Junior Men 2x
4. Master Women 1x 50 and over	<b>Break</b>
5. Senior B Women 1x	32. Light Weight Women 1x
6. Junior Men 4x	33. Open Men 4-
7. Open Women 2-	34. Master Women 2x
8. Light Weight Men 1x	35. Junior Women 4+
9. Open Men 1x	36. Junior Men 8+
10. Mixed Master 4x	37. Open Women 4-
11. Junior Men 2-	38. Master Men 2x
12. Junior Women 8+	<b>Lunch Break</b>
13. Open Women 1x	<b>Row-By Memorial for Bud Malmo</b>
14. Open Men 4x	39. Junior Women 2x
15. Master Men 2-	40. Men's 8+
<b>Lunch Break</b>	41. Master Women 4-
16. Master Women 2-	<b>Break</b>
17. Junior Men 4+	42. Light Weight Women 2x
18. Junior Women 1x	43. Open Women 2x
19. Open Women 4x	44. Junior Men 1x
20. Open Men 2-	45. Junior B Women 4x*
21. Master Men 1x under 50	<b>(10 min to switch lines)</b>
22. Master Men 1x 50 and over	46. Dash Men 1x
23. Master Women 4x	47. Dash Lt. Wt. Men 1x
24. Senior B Men 1x	48. Dash Women 8+
25. Junior Women 4x	<b>Break</b>
<b>(10 min to switch lines)</b>	49. Open Men 2x
26. Dash Women 1x	50. Light Weight Men 2x
27. Dash Light Weight Women 1x	51. Junior B Men 4x*
28. Dash Men 8+	
	* Local Operating Club Special Event

### **Other Information / Accommodations in Kenora**

Hotels	Address	Phone Number	Reference Code to Quote	Number of Rooms Reserved	Includes Breakfast?
Super 8	240 Lakeview Drive	807-468-8016	Under Kenora Rowing Club	7 (4 for Officials)	Yes
Best Western Lakeside Inn	470 1 <sup>st</sup> Ave South	807-465-1120			No
Comfort Inn	1230 Hwy 17 E	807-468-8845			No
Travelodge	800 Hwy 17 E	807-468-3155			No
Days Inn	920 Hwy 17 E	807-468-2003			No

For further information on Kenora accommodations and attractions please visit the Kenora Portal at: [www.kenora.ca](http://www.kenora.ca) or mykenora.com. Camping may be available at Anciabe Park.

You can also visit the Kenora Rowing Club website at [www.mykenora.com/rowclub](http://www.mykenora.com/rowclub)